

Llandow 18th April 2026

Sprint Practice

No	Rank	Name	Class	Inter 1	Time	Gap
1	17	Johnny Hollier	A1	42.10	93.30	12.56
2	29	Martin Ryall	A1	45.32	100.73	19.99
3	46	Alison Lock	A1	53.14	117.41	36.67
6	26	Donald Gay	A2	44.43	99.07	18.33
8	39	David Bisp	A2	47.73	103.59	22.85
9	28	Mark Hoppe	A2	45.05	99.90	19.16
10	43	Stuart Saunders	A2	51.28	115.23	34.49
14	25	Lyndon Evans	A3	43.96	98.37	17.63
16	4	Rob Thomson	A3	38.31	88.25	7.51
17	33	David Ashurst	A3	45.16	101.50	20.76
18	2	Ben Burggraaf	A3	38.74	85.80	5.06
19	37	Kieran Thomas	A3	46.45	102.10	21.36
21	9	Matt Vann	A3	41.75	91.72	10.98
22	21	Pete Goodman	A3	43.04	95.57	14.83
23	15	Benjamin Goodman	A3	42.29	92.69	11.95
24	3	Dave Atkinson	A3	39.30	88.15	7.41
27	10	Steven Adams	A4	41.04	92.14	11.40
30	5	Mitch Foden-Clarke	B3	46.02	89.99	9.25
31	19	Paul Harvey	B3	42.34	93.78	13.04
32	32	Alex Ward	B3	45.94	101.10	20.36
33	41	Brian Gent	B3	48.77	106.27	25.53
34	12	Gary Dawkins	B3	41.62	92.32	11.58
35	45	Meirion Williams	B3	51.73	115.91	35.17
38	20	Jamie Hawkins	C1	43.22	95.20	14.46
40	30	Mark Sandford	C2	45.47	100.74	20.00
42	7	Rupert Ryall	C3	39.94	90.48	9.74
43	42	Darrell Morgan	C3	56.48	109.40	28.66
44	31	Nigel Smith	C3	45.47	100.82	20.08
45	14	Alan Holly	C3	41.83	92.36	11.62
48		Lloyd Bettinson	C4	38.93	DNF	
50	1	Terry Brown	D1	36.58	80.74	
51	8	Huw Williams	D1	42.66	91.45	10.71
53	35	Morgan Edwards	D2	45.38	101.67	20.93
55	23	Paul Franklin	D3	44.64	98.06	17.32
56	13	Nigel Mummery	D3	42.34	92.34	11.60
57	38	Mike Mayne	D3	46.79	102.45	21.71
59	44	Fyrth Crosse	E1	51.62	115.28	34.54
61	40	Jeremy Jones	E2	46.61	104.07	23.33
62	48	Rob Jones	E2	56.98	131.55	50.81
65	22	Graham Gonzalez	F	42.61	95.84	15.10
66	16	John Wells	F	42.44	92.79	12.05
67	36	Martin Watts	F	46.93	101.69	20.95
68	11	Mark Everett	F	42.47	92.30	11.56
69	18	James Edmonds	F	42.80	93.57	12.83
72	6	Steve Small	T	41.48	90.37	9.63
74	24	Len Olds	T	45.80	98.30	17.56
719	27	Jack Thomas	A3	44.13	99.53	18.79
738	34	John Hawkins	C1	46.55	101.63	20.89
753	47	Wyn Edwards	D2	53.92	118.60	37.86